

Section 4-4

Note Taking Guide

Treating Mental Disorders (pp. 102–104)

Locating Community Resources

1. List three reasons why people do not seek help for a mental disorder.

a. _____

b. _____

c. _____

Types of Mental Health Professionals

2. Complete the table with details about mental health professionals.

Mental Health Professional	Description
Psychiatrist	a. _____ _____ _____
Clinical psychologist	b. _____ _____ _____
Social worker	c. _____ _____ _____
Mental health counselor	d. _____ _____ _____

Section 4-4: Note Taking Guide *(continued)*

Kinds of Treatments

3. Complete the outline by adding details about treatments for mental disorders.

I. Kinds of Treatments

Some disorders and some patients respond better to some treatments than to others.

A. Psychotherapy

1. Insight therapy _____

2. Cognitive and behavioral therapy _____

3. Group therapy _____

B. Drug therapy

C. Hospitalization

